

All information will be kept confidential

Personal Details	
Volunteer Name:	
Suburb:	Post Code:
Contact Phone Number	
Email Address:	
Date of Birth://	
In case of emergency, please no	tify:
	Relationship to you:
Do you have any special dietary	requirements or food allergies? Yes No
If yes, please provide further inf	ormation:
Do vou have any medical condit	ions, allergies, disabilities or past injuries that may

affect your participation: Yes/No If yes – Please discuss with Project Manager

and together fill out Appendix 1 on Page 4 of this document.

### CONDITIONS OF PARTICIPATION:

I agree to comply with the following terms that refer to my participation in all projects activities:

1. FLEC requires that strict confidentiality be maintained with respect to all information obtained by volunteers concerning the organisation, as well as the clients and others they serve.

2. I have notified the Project Manager of any relevant medical conditions and pre-existing injuries, and I consent to the Project Manager rendering or authorising such medical treatment as necessary and accept responsibility for all associated expenses.

3. I shall respect the rights, feelings and property of all others associated with projects.

4. I shall cooperate with the Project Manager to ensure a safe, happy and hygienic team environment.



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I understand that failure to comply with any of these conditions may result in the Project Manager requesting me to leave. Volunteer's

Signature		 
Today's Date //_	_	

# Extra Information- How you'd like to be involved?

What days and times are you	What activities would you like to be involved		
available?	with at the Community Garden?		
	Gardening		
Monday	Seedling Propagation		
Tuesday	Compost/ worm farm		
Wednesday	Garden tours		
Thursday	Facilitating workshops		
🗆 Friday	Administration/ office work		
Saturday	Writing articles for newsletter		
🗆 Sunday	Promotion/ publicity/ social media		
	Stalls/ displays at events		
How often do you want to	Organising events		
participate?	Research		
	Arts projects		
Once or more a week			
Once a fortnight	Others		
Once a month			
Only for special			
projects/events			

What are your reasons for volunteering?\_\_\_\_\_



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What do you want to gain from volunteering at the community garden?

What skills, knowledge, and experience could you contribute through volunteering?

## What do you already know? Please tick relevant boxes

	Some experience/ knowledge	Confident	Could lead or co-lead training
Basic organic gardening			
Seed saving			
Propagating plants			
Dealing with pests and weeds			
Grafting			
Fruit trees			
Cooking with unusual herbs and vegies			
Permaculture			
Biodynamics			
Composting			
Worm farms Facilitating meetings			
Using power tools			
Supervising volunteers			
Leading garden tours			
Gardening with schools, children			
Mosaics, garden sculpture			
Basic carpentry			





# Appendix 1- MANAGEMENT PLAN FOR PRE-EXISTING INJURY OR MEDICAL CONDITION

1. What is the medical condition, allergy, disability or past injury that may affect your participation?

#### 2. Information about the Condition/injury

- a) How serious is the condition if aggravated? (Circle one or more of the following.)
- Potentially life-threatening **OR** Could require medical (doctor, hospital) treatment
  - **OR** Could require own medication **OR** Could require rest or time off work
- b) In your own words tell us how we recognise that your condition has recurred or been aggravated.

When was the most recent episode?					
What actions, triggers or situations do you	need to avoid?				
What is the management plan to minimise any aggravation to the condition/injury? eg. self medication, avoidance of allergy triggers (specify) etc					
What is the emergency plan if serious aggravation does occur?					
Volunteer Signature	Name	Date//			

## **Activity Leader**

Signature

Name

Date