

LOCAL WELLBEING WALKS SOUTHERN FLEURIEU



Fleurieu Environment Centre

© Fleurieu Environment Centre
<https://www.flec.com.au/>

Details prepared by Peta Kruse, Peter Kruse and Wendy White.
Thanks to Sue Speck for helpful advice. Some maps in this brochure are reproduced with permission of the copyright holders as indicated.

FLEURIEU ENVIRONMENT CENTRE

3/50 Main Street, NORMANVILLE

Ph. 8558 3644

Email: info@flec.com.au

Website: flec.com.au

Open: Mon, Tue, Thu & Fri 10 am—3 pm

Sat 10 am—1 pm



Fleurieu Environment Centre



Government
of South Australia

Table of Contents

OVERVIEW.....	3
1. MYPONGA RESERVOIR.....	4
2. MYPONGA CAUSEWAY	5
3. YULTE CONSERVATION PARK TO HINDMARSH VALLEY ROAD.....	6
4. SECOND VALLEY FOREST AT INMAN VALLEY	7
5. CARRICKALINGA COAST TO NORMANVILLE.....	8
6. NORMANVILLE HEIGHTS	9
7. BUNGALA PARK-NORMANVILLE BEACH	10
8. NORMANVILLE BEACH TO HMAS HOBART MEMORIAL LOOKOUT.....	11
9. GREAT (BIG) GORGE.....	12
10. INGALALLA FALLS	13
11. MOUNT HAYFIELD TRACK (temporarily not accessible)	14
12. WIRRINA COAST.....	15
13. SECOND VALLEY HERITAGE WALK	16
14. SECOND VALLEY FOREST AT SECOND VALLEY.....	17
15. CAPE JERVIS NATURE TRAIL VIA MORGANS BEACH	18
16. CAPE JERVIS COAST TO FISHERY BEACH	19
17. TALISKER SILVER-LEAD MINE	20
18. JONES JOURNEY	21
19. BULLAPARINGA	22
20. WILAMPA TRAIL.....	23
21. DEEP CREEK SPRING WILDFLOWER WALK.....	24

OVERVIEW

These walks are mostly of an easy to moderate level of difficulty and take 1.5–2 hours to complete. Four of the walks include sections of the long-distance Heysen Trail. This trail is closed during the fire season, from November to the end of April. For season dates, check the South Australian Country Fire Service website at <https://www.cfs.sa.gov.au/> For all of these walks, users should assess the fire risk according to season and weather. Forested areas present a greater potential fire risk. Walkers also need to watch for traffic while walking alongside roads.

Use of these walks is entirely at users' risk and the Fleurieu Environment Centre disclaims all responsibility for adverse consequences arising from use of this document.



1. MYPONGA RESERVOIR

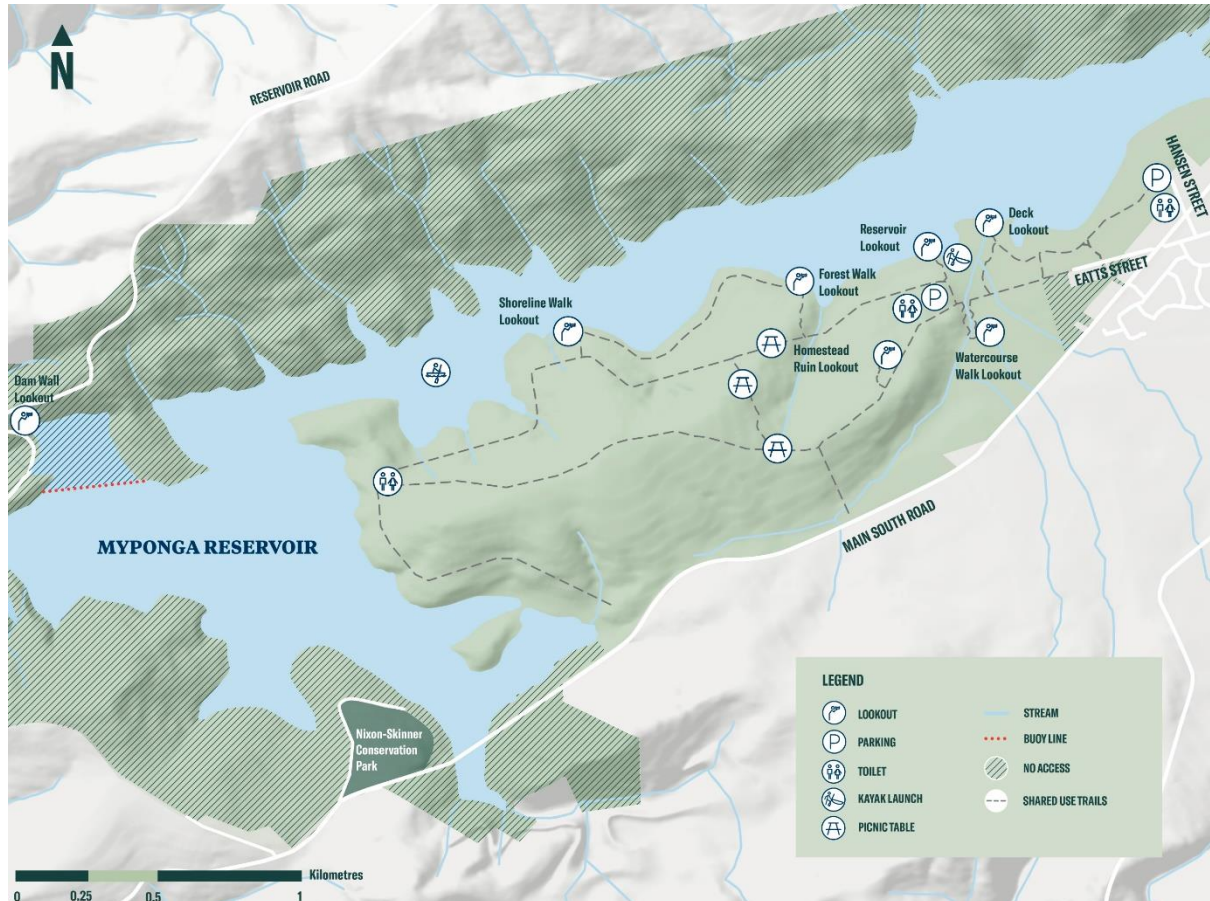
Terrain: Moderate

Distance: loop tracks 3.3 – 6.3 km

Parking available in Hansen St opposite the start of the trail. This loop track (3.3km) on the southeastern side of the reservoir passes through forested areas, native vegetation, and open grassland often frequented by kangaroos. The unsealed track is a shared-use path for both cyclists and walkers.

An additional 3km of new walking trails has recently been added to the reserve's total network, unlocking access to an additional 140 hectares of the site. Visit the Myponga Reservoir Reserve website for more information and to download the map:

<https://www.reservoirs.sa.gov.au/reservoirs/myponga>



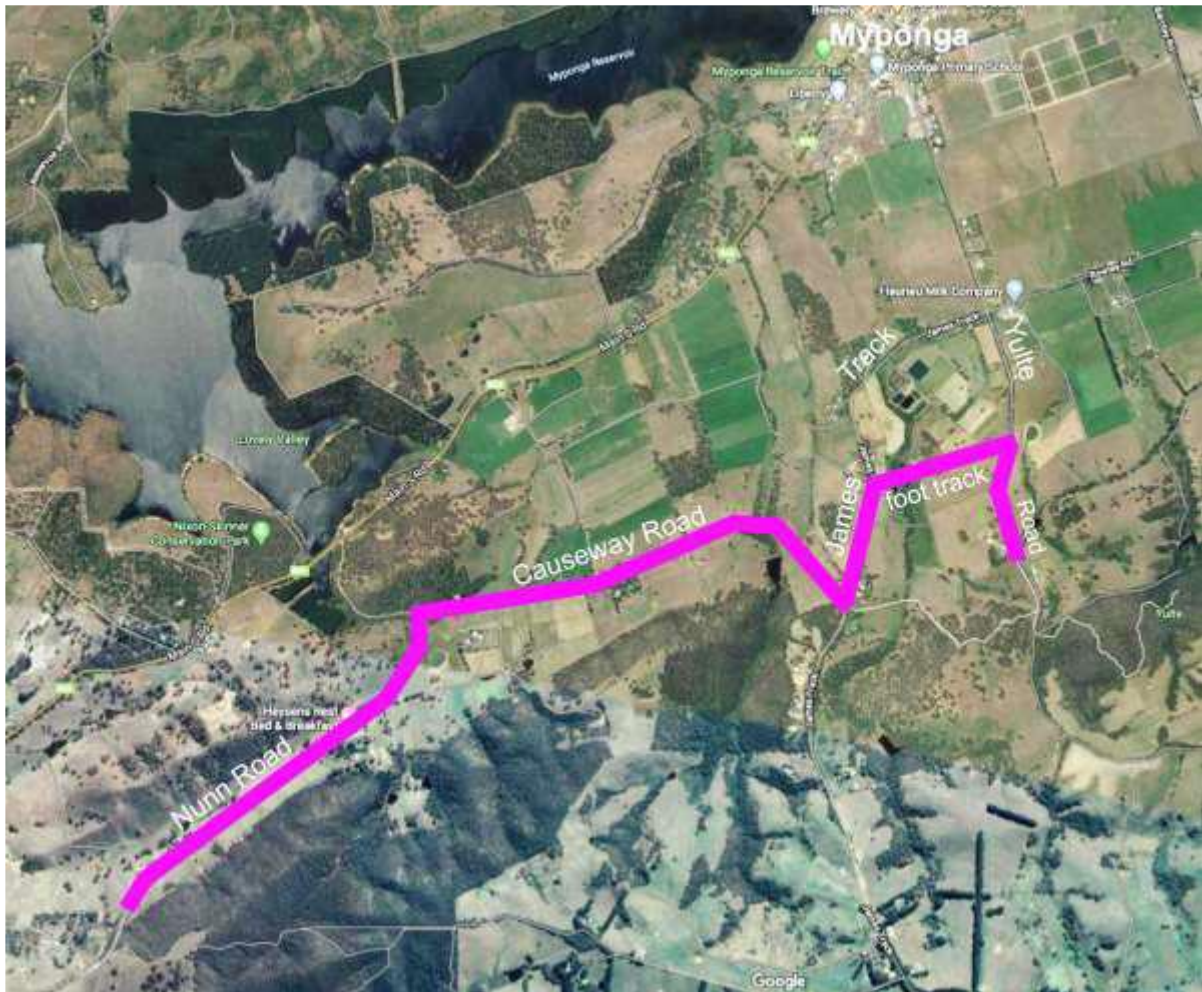
Map reproduced with permission of the State Government of South Australia.

2. MYPONGA CAUSEWAY

Terrain: Easy

Distance: 5 km one way

This walk is part of the Heysen Trail (<https://heysentrail.asn.au/>), so you can follow the red and white trail markers. The walk is flat to gently undulating, mostly along unsealed roads. To begin from the western end of this trail section, from Main South Road adjacent to Myponga Reservoir, take Causeway Road then turn right into Nunn Road and drive about 2 km; just after you pass through a farm-style gate you'll find ample parking space on the southern side of the road. To start from the eastern end, find a suitable area to park along Yulte Road.



Map prepared using a Google Maps base.

3. YULTE CONSERVATION PARK TO HINDMARSH VALLEY ROAD

Terrain: Easy to moderate; one difficult section

Distance: 5 km one way

This walk is part of the Heysen Trail (<https://heysentrail.asn.au/>), so you can follow the red and white trail markers. It is a continuation of the previous walk. Yulte Conservation Park is located 3 km southsoutheast of Myponga; access via Stephens Road then Yulte Road. It is only accessible on foot, either from James Track and Yulte Road west of the park, or from Hindmarsh Valley Road to the east. The section through the conservation park is steep and difficult; the remainder of the walk is easy to moderate, traversing gentle open country.



Map prepared using a Google Maps base.

4. SECOND VALLEY FOREST AT INMAN VALLEY

Terrain: Easy to moderate

Distance: 4–6 km circuit

This section of Second Valley Forest offers various walking options; two of several alternatives are depicted in different colours on the map. The Heysen Trail (<https://heysentrail.asn.au/>) forms part of some of these, so you can follow the red and white trail markers for those sections. Drive to Inman Valley and park on either Hancock Rd off Prouse Road, or on Roads Lane (indicated by asterisks on map). Walkers can either do a circuit, or one-way if they have more than one vehicle. You can also enjoy excellent views of Back Valley from a lookout on Hancock Road.



Map prepared using a Google Maps base.

5. CARRICKALINGA COAST TO NORMANVILLE

Terrain: Easy to moderate

Distance: 4–4.5 km one way

Follow Carrickalinga Road, turn left into Broadbeach Drive, then bear right into Gold Coast Drive and continue along it to Carrickalinga Head Lookout and park. The beach can be accessed via the walkway. Walk south along the beach to Normanville Jetty. Alternatively, the walk can be done in reverse beginning from Normanville Beach carpark. An optional addition is to walk north from Carrickalinga Head Lookout along the clifftop foot track (moderate terrain) and return.



Map prepared using a Google Maps base.

6. NORMANVILLE HEIGHTS

Terrain: Moderate

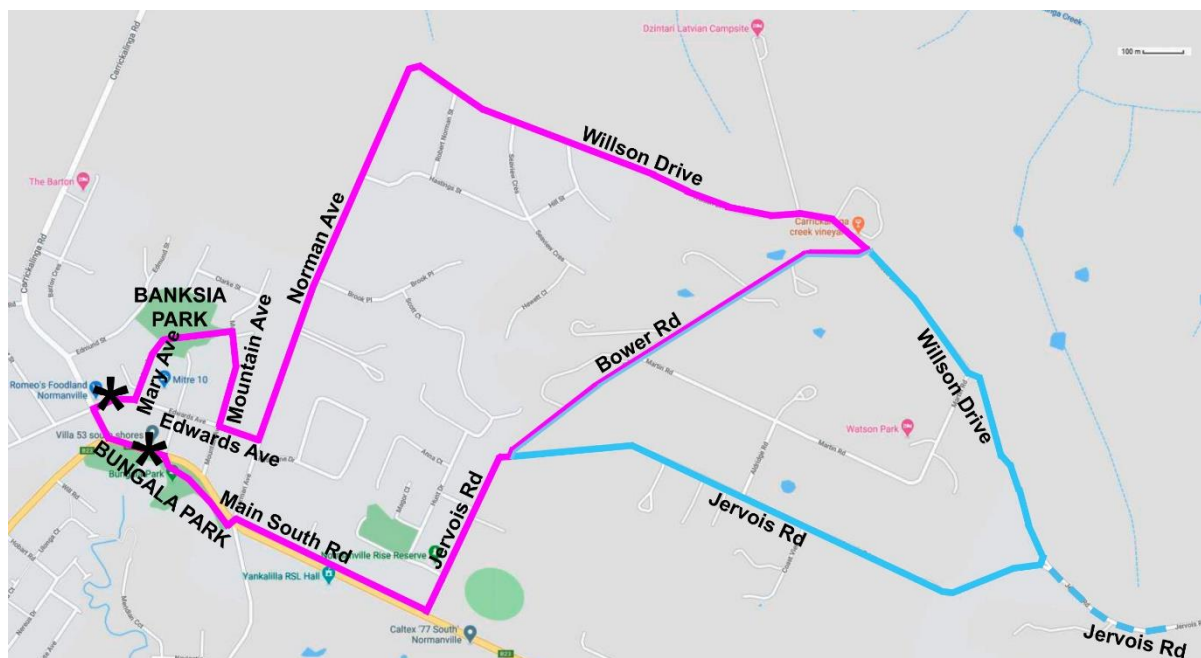
Distance: 5 km (pink); 3 km (blue); 7 km combined

This walk can be done as either or both of two circuits. Two suggested options for parking are indicated on the map by black asterisks: the Edwards Ave carpark adjacent to the Normanville Post Office, or Main South Road at Bungala Park.

For the western circuit (pink on map), walking anticlockwise, be sure to walk through Bungala Park for its full length; you will discover secluded areas concealed from Main South Road. Continue along Main South Road, then turn left into Jervois Road. Note that Bower Road is not signposted at its lower (southern) end; where Jervois Road bends to the right (east), take the unsealed driveway that heads uphill; this will pass through a section inaccessible to vehicles, then rejoin Bower Road, which leads to the top of the ridge. Sweeping views of the coast are offered as you walk along Willson Drive and into Norman Avenue. Toward the bottom of Norman Avenue, turn right into Edwards Avenue then right again into Mountain Avenue. Continue up Mountain Avenue to the signposted Banksia Park access on the left. Walk through and explore Banksia Park, then take the exit near the gazebo and playground; this leads back to the Normanville shopping area.

An additional or alternative route (blue on map) follows mostly unsealed Jervois Road to its junction with Willson Drive. A left turn here brings you back to Bower Road, which completes the loop. From the Jervois-Willson junction, walkers may like to continue 500 m further east along Jervois Road (dashed blue line on map) for commanding views of Yankalilla.

These two circuits may be combined by excluding the Bower Road section.



Map prepared using a Google Maps base.

© 2022 Fleurieu Environment Centre

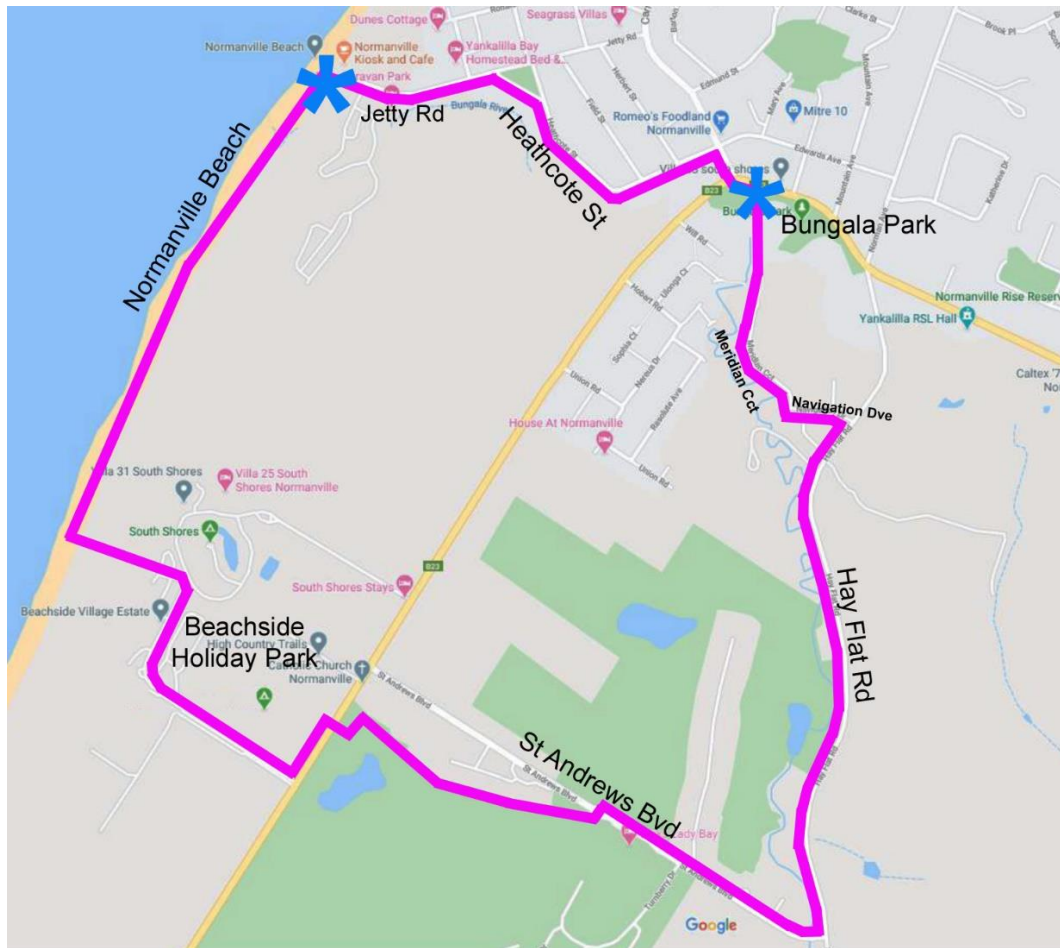
<https://www.flec.com.au/>

7. BUNGALA PARK-NORMANVILLE BEACH

Terrain: Easy

Distance: 7 km circuit

This circuit walk can be commenced at any point along it; Bungala Park and Normanville Beach car park are suggested (blue asterisks on map). From Bungala Park, cross the pedestrian bridge over Bungala River and follow the footpath; then Meridian Court and Navigation Drive; right onto Hay Flat Rd (watch the traffic!); right again into St Andrews Boulevard; follow this road to the top of the ridge for sweeping views of the coast. Continue in the same direction until just before the houses on the level ground below; veer left along a footpath that tracks along the back of the houses. Just before the end of this path, detour to the left across the golf course, to avoid entering a no-admittance area, to Main South Road; follow Main South Road to left; turn right into access road to Beachside Holiday Park. As a courtesy, call into reception to advise that you are passing through. Traverse the park property almost to the end then bear left until you find the access path through the coastal dune to Normanville Beach; turn right and walk along the beach as far as Normanville Jetty; follow Jetty Road then bear right onto Heathcote Street; this will bring you back to the Normanville commercial area and Bungala Park.



Map prepared using a Google Maps base.

8. NORMANVILLE BEACH TO HMAS HOBART MEMORIAL LOOKOUT

Terrain: Easy

Distance: 5 km one way

A pleasant walk from Normanville Jetty to Shelley Beach, or vice versa. If you have two vehicles, leave one at the HMAS Hobart Memorial Lookout carpark overlooking Shelley Beach, and the other in the Normanville Beach carpark next to the jetty (pink asterisks on map). A shorter alternative is to commence or finish at Lady Bay Rd (yellow asterisk on map).



Map prepared using a Google Maps base.

9. GREAT (BIG) GORGE

Terrain: Easy

Distance: 3.6 km return

This gentle walk follows the middle reaches of Yankalilla River. It is well signposted, with explanatory panels at significant points. The walk begins at Garnet Kelly Reserve, on the southeastern side of Main South Rd about 3 km south of Normanville. There is an access gate with introductory panels toward the southern end of the reserve. Follow the trail markers along the river. Toward the end of the trail are ruins dating from the 1850s; this gorge was sometimes used as an alternative coach road from Adelaide to Cape Jervis. The trail ends a little beyond the ruins. Return to Garnet Kelly Reserve by the same route.



Map prepared using a Google Maps base.

© 2022 Fleurieu Environment Centre
<https://www.flec.com.au/>

10.INGALALLA FALLS

Terrain: Easy (falls) or difficult (loop track)

Distance: 1.8 km loop track

From Normanville follow Hay Flat Road for about 7 km to the signposted Ingalalla Falls turnoff on the right; park in the designated parking area. Hay Flat Road can also be accessed from Range Road. For the picnic area and waterfall, follow the walking track along the creek.

The longer loop walking trail commences to either side of the creek. To walk clockwise from the south side, follow the steep uphill track, paralleling the creek, to the top, then continue along that track to a track junction and turn right; this trail will take you over the creek via a concrete causeway. On the opposite side of the creek, take a right turn onto a trail that descends parallel to the creek; at the bottom, turn right and walk along the flat ground back to the carpark.



Map prepared using a Google Maps base.

12. WIRRINA COAST

Terrain: Generally easy to moderate

Distance: 1.2-1.6 km one way

This walk commences from Bayview Ave, adjacent to the reservoir; access via Paradise Drive and Seaview Ave. Parking is available in Bayview Ave. From the bottom of this street, follow the unsealed track (to your right as you face the reservoir); this track follows the rear boundaries of several houses, then descends moderately steeply to Paradise Drive (this last section rates as **difficult**). Walk beside Paradise Drive to the marina gates, then turn right onto a foot track that follows the rear boundaries of the coastal houses. This track joins the northern end of the sealed road. An option at this point is to continue along the back of the beach for a further 400 m or so; this will involve some scrambling over rock outcrops ('no marked trail' section on map). Return by the same route.



Map prepared using a Google Maps base.

13. SECOND VALLEY HERITAGE WALK

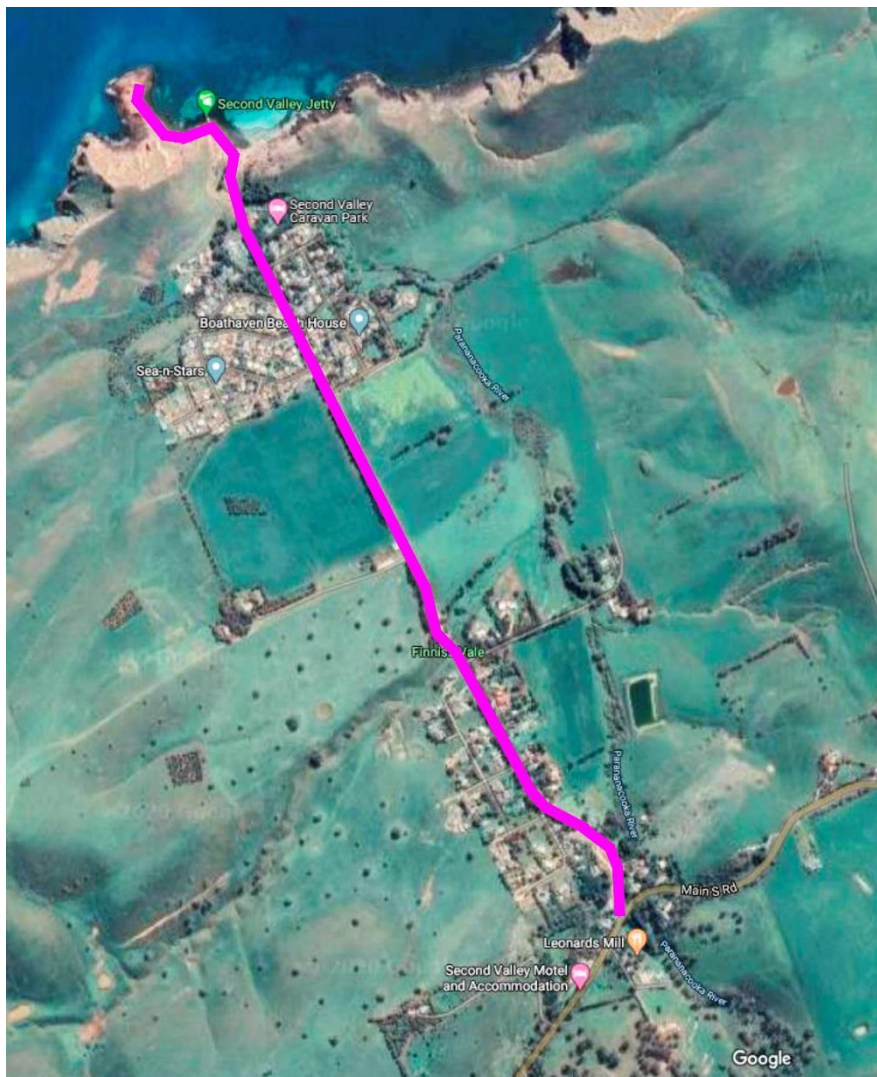
Terrain: Easy

Distance: 2 km one way

From Leonard's Mill to the sea. A leisurely walk along the Finnis Vale Drive walking trail. When you reach the jetty you'll see the sandy beach on the right. Walk along the jetty until you come to a few steps on the left leading down to a path around the cliff face to the pebble beach. Enjoy the colourful folds in the heritage-listed cliff face. Follow the pebble beach around to a concrete path leading onto the isthmus, from where you can look south to Rapid Bay. Continue further and you'll come to a rusted winch with an information plaque, on the site where several boat sheds formerly stood.

Brochures for this self-guided walk are available from the information board next to the Second Valley Memorial Hall, the Second Valley Caravan Park store, or download a copy from:

<http://www.secondvalleyprogress.com.au/progress-assoc.html>



Map prepared using a Google Maps base.

14. SECOND VALLEY FOREST AT SECOND VALLEY

Terrain: Generally easy; one difficult section

Distance: 4.5–6 km circuit

From Normanville, head south along Main South Road. About 3 km past Second Valley, turn left onto Forest Road. Forest Road can also be accessed from Range Road. There are several gates on the perimeter of the forest where you can park. The map shows a suggested route through the forest. Suitable parking locations on Forest Road are indicated on the map by yellow asterisks.



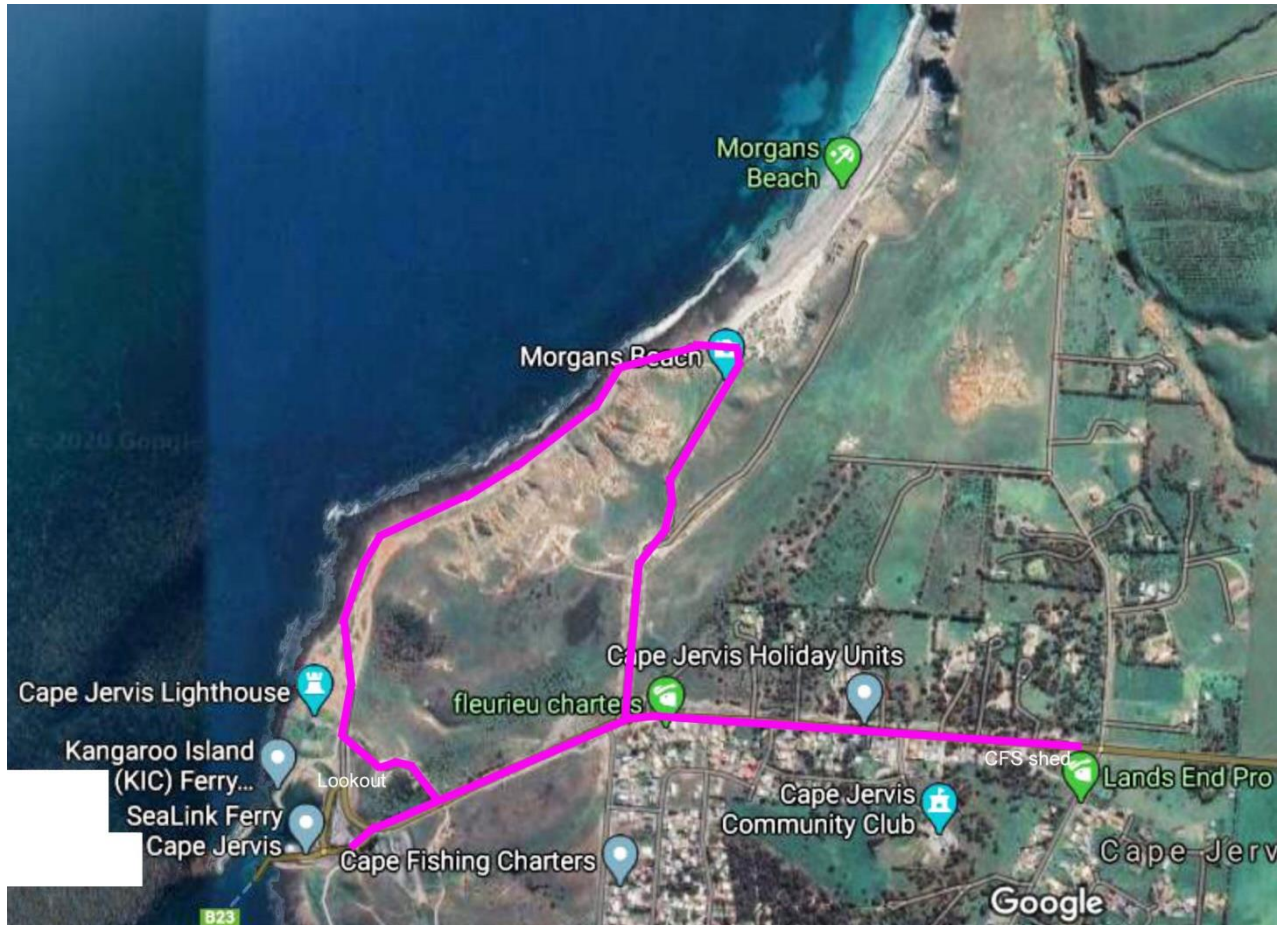
Map prepared using a Google Maps base.

15. CAPE JERVIS NATURE TRAIL VIA MORGANS BEACH

Terrain: Easy to moderate

Distance: 3.5 km circuit

As you approach Cape Jervis, just past James St on your left, park on the Council Reserve next to the CFS shed on the left of Main South Road. Cross the road and follow the walking trail until you come to Flinders Drive. Turn right onto Flinders Drive then take the left fork down to Morgans Beach. At the beach, turn left and walk along the shore until you are below the lookout that overlooks the ferry terminal. Climb the hill to reach the lookout for superb views. Return either by the same route or by following the established trail along Main South Road. Signage along the trail provides information about the local environment and native plants.



Map prepared using a Google Maps base.

16. CAPE JERVIS COAST TO FISHERY BEACH

Terrain: Easy

Distance: 5 km one way

This is a delightful walk along the coastline which is part of the Heysen Trail (<https://heysentrail.asn.au/>), so you can follow the red and white trail markers. Park in the Cape Jervis public carpark (near the ferry terminal) and/or Fishery Beach carpark.



Map prepared using a Google Maps base.

© 2022 Fleurieu Environment Centre
<https://www.flec.com.au/>

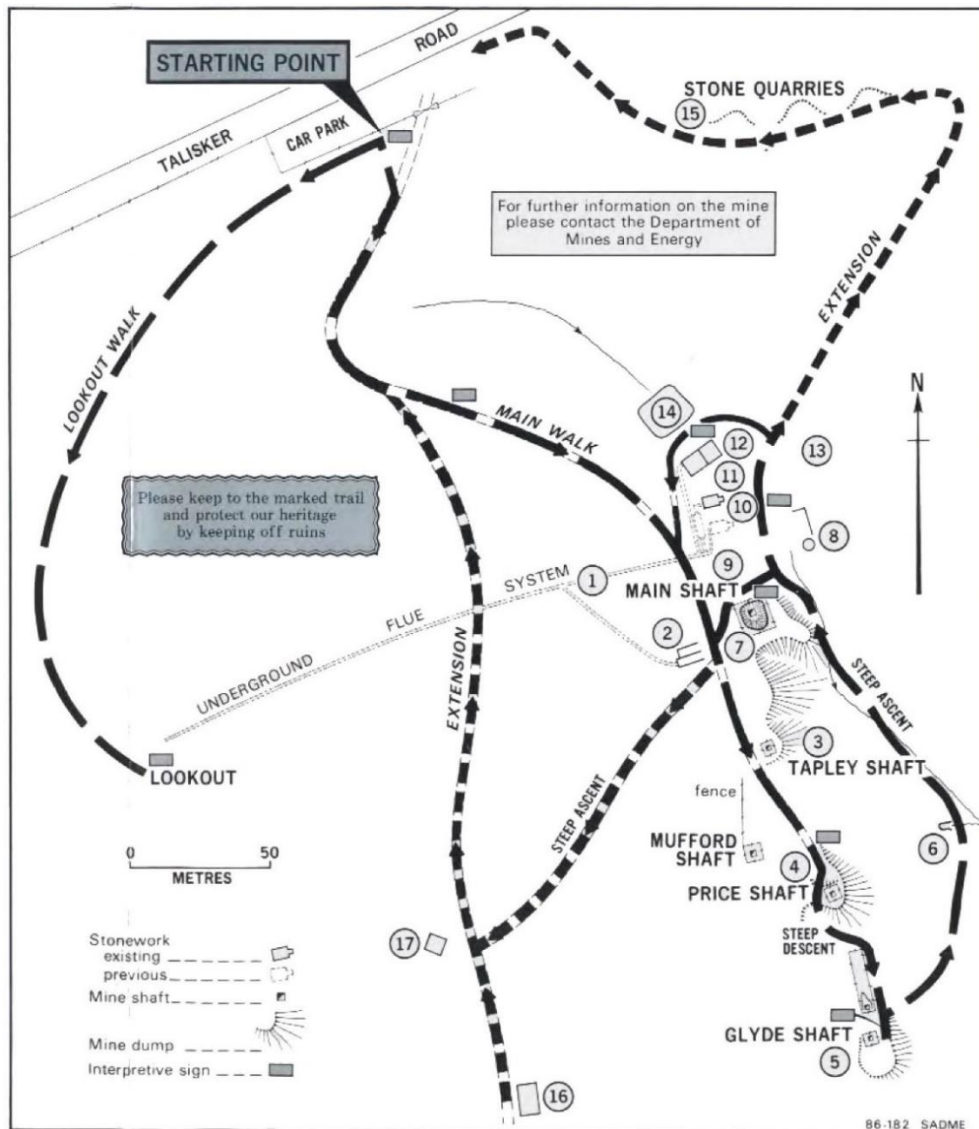
17. TALISKER SILVER-LEAD MINE

Terrain: Moderate to difficult

Distance: 6.5 km circuit

Talisker Conservation Park is located between Delamere and Cape Jervis. Access from Main South Road is via Range Road West and Rarkang Road then Talisker Road. Park in the carpark off Talisker Road. This walk includes some steep sections. There are interpretive signs along the trail. Be sure to end with the lookout walk which takes you past the former Mine Manager's hut to magnificent views across to Kangaroo Island. Download the complete guide from:

<https://www.walkingsa.org.au/walk/find-a-place-to-walk/talisker-silver-lead-mine-hike/>



Map reproduced with permission of Department for Energy and Mining (South Australia).

© 2022 Fleurieu Environment Centre

<https://www.flec.com.au/>

18. JONES JOURNEY

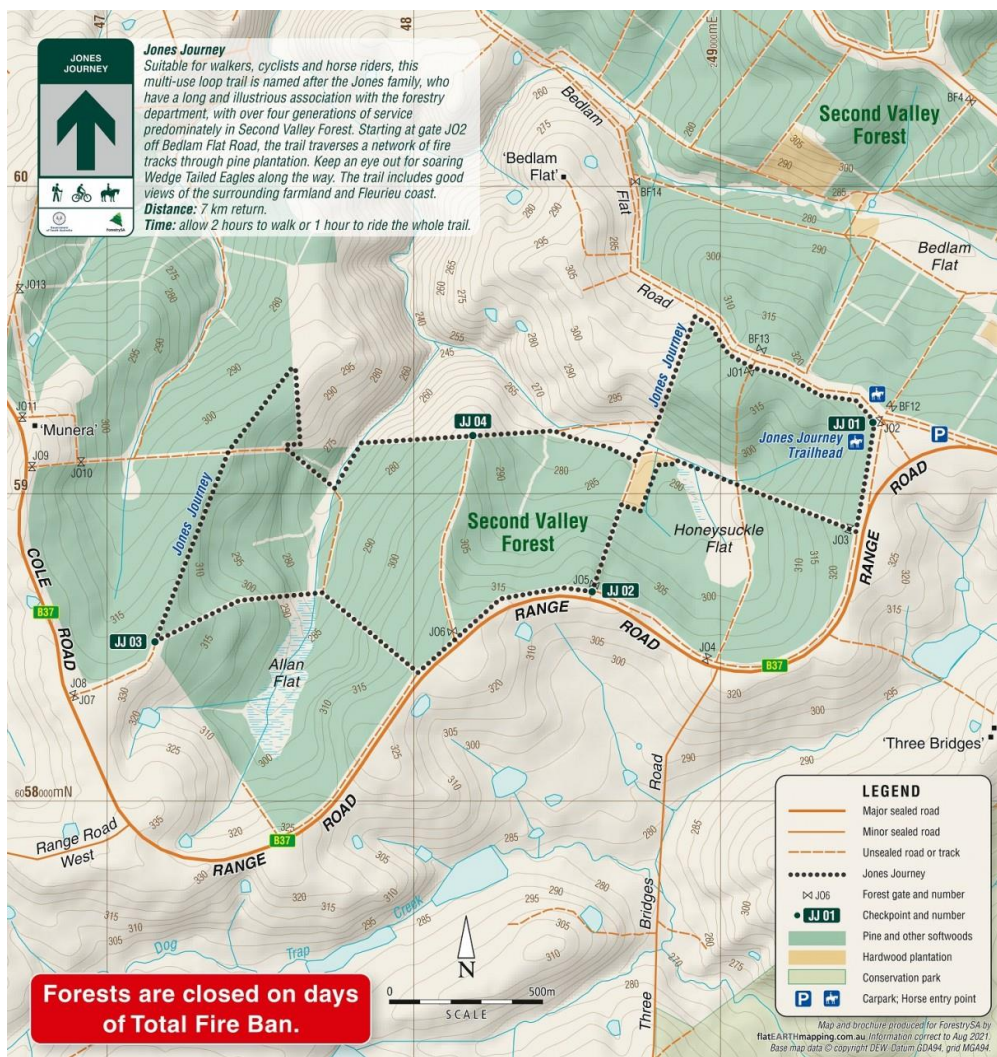
Terrain: Moderate

Distance: 7.0 km circuit

Suitable for walkers, cyclists and horse riders, this multi-use loop trail is named after the Jones family, who have a long and illustrious association with the forestry department, with over four generations of service predominately in Second Valley Forest. The trail traverses a network of fire tracks through pine plantation. Keep an eye out for soaring wedge-tailed eagles along the way. The trail includes good views of the surrounding farmland and Fleurieu coast.

Start the trail from gate JO2 off Bedlam Flat Road, off Range Road. Gate JO2 and BF12 are opposite each other. The trail is 20 minutes drive from Rapid Bay and Second Valley. Allow 2 hours to walk the whole trail. Access further information at:

<https://www.walkingsa.org.au/walk/find-a-place-to-walk/jones-journey-second-valley-forest-reserve/>



Map reproduced with permission of WalkingSA and Yankalilla District Council.

© 2022 Fleurieu Environment Centre

<https://www.flec.com.au/>

19. BULLAPARINGA

Terrain: Easy; short difficult hill section optional

Distance: 4 km

This route mainly follows Bedlam Flat Road. If commenced from the southeastern end (near Range Road), this pleasant walk is mostly downhill, following the edge of this section of Second Valley Forest. For most of the walk, walkers can follow the wide grassy verge on the northeastern side, within the forest boundary fence, and avoid walking along the road. This verge ends at the forest boundary close to Bullaparinga, so walkers will need to take the road from that point. Turn left at the junction with Bullaparinga Crescent. Shortly after, the route proposed here then takes Stockyard Hill Road all the way to the summit of a steep hill to provide sweeping views, then descends Old Council Chambers Road to the historic Bullaparinga Cemetery, and finally rejoins Bullaparinga Crescent, where parking space is available nearer to Main South Road. Those wishing to avoid the steep hill climb may remain on Bullaparinga Crescent to the end of the walk.



Map prepared using a Google Maps base.

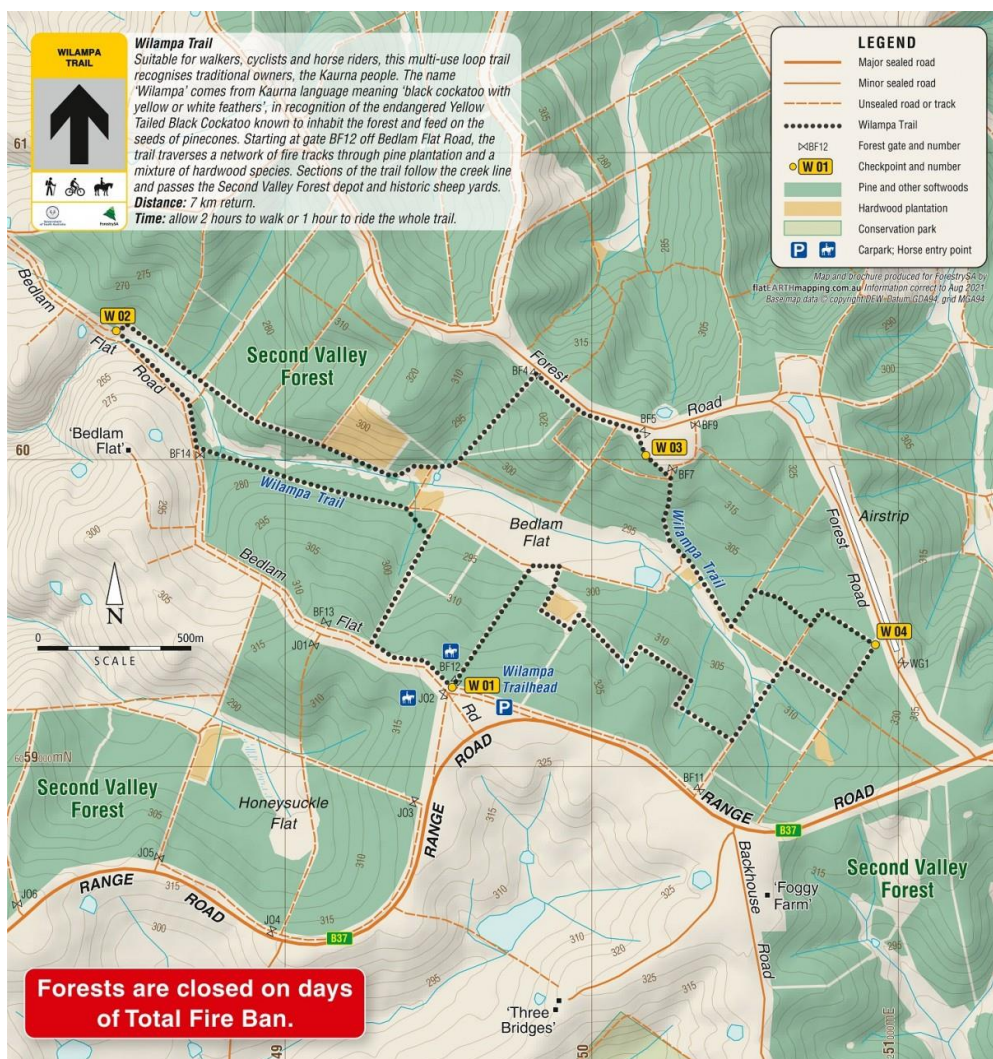
20. WILAMPA TRAIL

Terrain: Moderate

Distance: 7.0 km circuit

Suitable for walkers, cyclists and horse riders, this multi-use loop trail recognises traditional owners, the Kurna people. The name 'Wilampa' comes from Kurna language meaning 'black cockatoo with yellow or white feathers', in recognition of the endangered yellow-tailed black cockatoo known to inhabit the forest and feed on the seeds of pinecones. Starting at gate BF12 off Bedlam Flat Road, the trail traverses a network of fire tracks through pine plantation and a mixture of hardwood species. Sections of the trail follow the creek line and pass the Second Valley Forest depot and historic sheep yards. Access further information at:

<https://www.walkingsa.org.au/walk/find-a-place-to-walk/wilampa-trail-second-valley-forest-reserve/>



Map reproduced with permission of WalkingSA and Yankalilla District Council.

© 2022 Fleurieu Environment Centre
<https://www.flec.com.au/>

21. DEEP CREEK SPRING WILDFLOWER WALK

Terrain: Easy

Distance: 4.7 km circuit

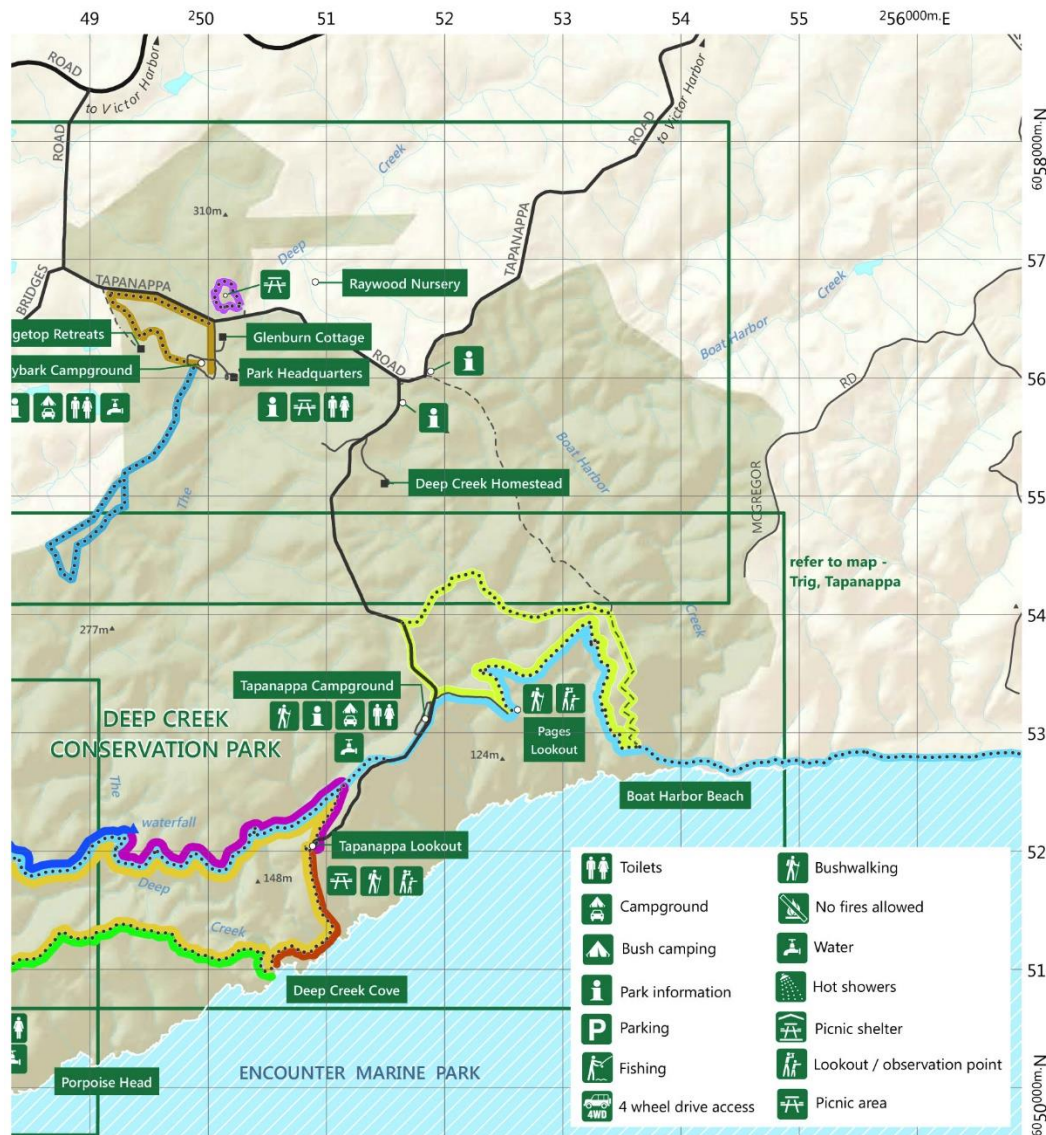
This is just one of the many walking trails in Deep Creek Conservation Park. The Spring Wildflower Walk is classed as 'easy', although there is one steep section at the start. An alternative is the shorter Forest Circuit Walk. Parking within Deep Creek Conservation Park requires payment of a modest fee. This can be done online or at the Delamere Store. Perhaps make it a day trip and take a picnic lunch.

To obtain the latest payment information, and to make a booking visit:

<https://www.walkingsa.org.au/walk/find-a-place-to-walk/park/deep-creek-conservation-park/>

Maps can be downloaded from: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/park/deep-creek-conservation-park/>

FOR MAPS: SEE OVER



- fall Hike from Tent Rock Road
- it Hike
- Cobbler Hill Marrano Creek Hike
- like
- it Hike
- je Walk
- Deep Creek Cove Hike from Tapanappa Lookout
- Deep Creek Cove Hike from Trig Picnic Area
- Deep Creek Waterfall Hike from Tapanappa Lookout
- Forest Circuit Walk
- Spring Wildflower Walk
- Stringybark Loop Walk
- Talisker Silver Lead Mine Hike

For more information contact:
 Deep Creek Conservation Park Headquarters
 T: 8598 0263
parks.sa.gov.au

Map reproduced with permission of Department for Environment and Water (South Australia)

